

South Oakland Gastroenterology Associates  
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Farmington Hills, MI 48336

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***The Lakes will be giving you a call the day PRIOR to your procedure to confirm your appointment time.***

***NO ASPIRIN/IBUPROFEN PRODUCTS SEVEN (7) DAYS PRIOR TO YOUR PROCEDURE.***

***NO BLOOD THINNERS FIVE (5) DAYS PRIOR TO YOUR PROCEDURE.***

***NO IRON SUPPLEMENTS THREE (3) DAYS PRIOR TO YOUR PROCEDURE.***

***Your Colonoscopy prep instructions are as follows:***

***DRINK ONLY CLEAR LIQUIDS FOR BREAKFAST, LUNCH, AND DINNER THE DAY PRIOR TO THE PROCEDURE. These may include water, broth or boullion, coffee or tea (no milk or creamer), apple juice, Gatorade, 7-Up, Vernors, Sprite, Orange slice (NO COKE OR PEPSI), Jell-O and popsicles (NO RED OR PURPLE). Alcoholic beverages should not be consumed as a clear liquid!***

***Starting at 3:00 pm, begin drinking the bowel prep. You will drink an 8oz glass every 10 to 15 minutes until half of the bottle has been consumed.***

***At 7:00 pm, continue to drink the remainder of the prep. Again you will drink an 8oz glass every 10 to 15 minutes until the entire bottle is gone.***

***Please remain close to toilet facilities, as multiple bowel movements will occur. FAILURE TO FOLLOW THESE INSTRUCTIONS MAY RESULT IN A REPEAT PREP AND EXAMINATION.***

***If you have any questions please feel free to give me a call @ (248) 471-8916***

***Torri N.***